

# SEPTEMBER 2009 CLASSES

[www.pilatesexperience.net](http://www.pilatesexperience.net)

MON	TUES	WED	THURS	FRI	SAT
	1 9:30am Mat (IM)  12:30pm Reformer (ADV)  5:30pm Reformer (IM)	2 9:30am Combo (IM)  10:30am Reformer (ES)  5:30pm Mat (IM)	3 9:30am Mat (IM)  12:30pm Reformer (ADV)  5:30pm Reformer (IM)	4 8:30am Reformer (IM)  9:30am Combo (IM)	5 8:30am Mat (IM)  9:30am Reformer (ES/IM)
7 9:30am Reformer (IM)  10:30am Reformer (IM)  5:30pm Mat (ES/IM)	8 9:30am Mat (IM)  12:30pm Reformer (ADV)  5:30pm Reformer (IM)	9 9:30am Combo (IM)  10:30am Reformer (ES)  5:30pm Mat (IM)	10 9:30am Mat (IM)  12:30pm Reformer (ADV)  5:30pm Reformer (IM)	11 8:30am Reformer (IM)  9:30am Combo (IM)	12 8:30am Mat (IM)  9:30am Reformer (ES/IM)
14 9:30am Reformer (IM)  10:30am Reformer (IM)  5:30pm Mat (ES/IM)	15 9:30am Mat (IM)  12:30pm Reformer (ADV)  5:30pm Reformer (IM)	16 9:30am Combo (IM)  10:30am Reformer (ES)  5:30pm Mat (IM)	17 9:30am Mat (IM)  12:30pm Reformer (ADV)  5:30pm Reformer (IM)	18 8:30am Reformer (IM)  9:30am Combo (IM)	19 8:30am Mat (IM)  9:30am Reformer (ES/IM)
21 <i>(sign-ups for Oct. 9:00am)</i> 9:30am Reformer (IM)  10:30am Reformer (IM)  5:30pm Mat (ES/IM)	22 9:30am Mat (IM)  12:30pm Reformer (ADV)  5:30pm Reformer (IM)	23 9:30am Combo (IM)  10:30am Reformer (ES)  5:30pm Mat (IM)	24 9:30am Mat (IM)  12:30pm Reformer (ADV)  5:30pm Reformer (IM)	25 8:30am Reformer (IM)  9:30am Combo (IM)	26 8:30am Mat (IM)  9:30am Reformer (ES/IM)
28 9:30am Reformer (IM)  10:30am Reformer (IM)  5:30pm Mat (ES/IM)	29 9:30am Mat (IM)  12:30pm Reformer (ADV)  5:30pm Reformer (IM)	30 9:30am Combo (IM)  10:30am Reformer (ES)  5:30pm Mat (IM)			